

cala trio™

Today, you have another option for treating essential tremor.

Cala Trio therapy is a novel, first-in-class, FDA cleared¹ medical device for treating essential tremor and it's available for prescription through your healthcare provider.

Cala Trio therapy is indicated to aid in the temporary relief of hand tremors in the treated hand following stimulation in adults with essential tremor.

Cala Trio therapy is a wrist-worn device that delivers electrical stimulation—also known as neuromodulation—to the nerves in the effective wrist. The stimulation disrupts the tremor network in the brain and delivers meaningful tremor reduction in the effected hand.²



No surgery
No injections

Essential tremor (ET) is a common movement disorder affecting between 7-10 million Americans.^{4,5} The condition is marked by hand tremors that make it difficult to perform daily activities like eating, drinking, dressing, and managing personal hygiene.

Symptoms of essential tremor include:⁶

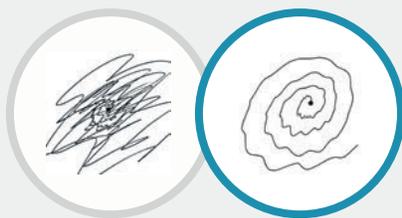
- Uncontrollable shaking that occurs when you use your hands
- Tremors that worsen with intentional movement
- Tremors that intensify with emotional stress
- Tremors that lessen with rest

Traditional treatment options for essential tremor may include:

- Medications
- Physical or Occupational Therapy
- Brain surgery

Spiral Drawing³

Pre-Therapy



Post-Therapy

Your daily activities and your tremor are unique to you. Cala Trio therapy is calibrated to provide each patient with an individualized treatment therapy.

The following questions and discussion points will help you and your healthcare provider determine if Cala Trio therapy is right for you.

1. Do your essential tremor symptoms (shaking) affect your hands?

Yes No

2. Do you avoid social situations because your tremor causes embarrassment and/or anxiety?

Yes No

3. Does your tremor impact your ability to work?

Yes No

4. Have you tried any of the following treatments for your hand tremors?

- 1 or more medications
- Physical or occupational therapy
- Other
- No, I have not tried medications for my hand tremor

5. List treatment side-effects (if any) to review with your healthcare provider:

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6. Do you have other medical conditions that interfere with treating your essential tremor?

Yes No

7. How satisfied are you with your current treatment to manage your symptoms?

- Not satisfied
- Somewhat satisfied
- Very satisfied

8. Which activities does your essential tremor interfere with the most? (check all that apply)

- Drinking / eating
- Writing / texting / typing
- Dressing
- Managing personal hygiene
- Hobbies
- Other

If you have additional questions about Cala Trio therapy, please visit CalaTrio.com/Patients or contact us directly at 888-699-1009, email: CustomerSuccess@CalaTrio.com.

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Caution: Federal law restricts this device to sale by or on the order of a physician.

Prior to use, refer to the product labeling for complete product instructions for use, contraindications, warnings, and precautions at CalaTrio.com/Safety. Always contact your health care provider with any questions or concerns.

References and Safety information

1. Food and Drug Administration (FDA) has cleared the Cala Trio K203288.
2. Isaacson SH, et al. Tremor and Other Hyperkinetic Movements. 2020;10:29. doi:10.5334/tohm.59. As measured by Cala device following three months of repeated home use in 205 patients with essential tremor who completed the study. Many participants were also taking medication for their tremor and it was difficult to assess the effect of the device compared to medication.
3. Lin PT, et al. Mov Disord.; 2018;3, 1182-1183. doi:10.1002/mds.27370
4. Louis, ED, et al. How many people in the USA have essential tremor? Deriving a population estimate based on epidemiological data. Tremor and other hyperkinetic Mov (NY) 2014;4, 259. doi:10.7916/D8TT4P4B
5. NIH National Library of Medicine. Medline Plus, Essential Tremor update. Data accessed from <https://medlineplus.gov/genetics/condition/essential-tremor/#references>.
6. Nazario, B. (2007). The Brain and Essential Tremor. Data accessed from <https://www.webmd.com/brain/essential-tremor-basics#1>.